



Novena to Our Lady of Mount Carmel

July 7 through July 16

Our Lady of Mount Carmel, also known as the Virgin of Carmel, is a title given to the Blessed Virgin Mary – for she is the Patroness of the Carmelite Order. The order began in the 12th century with Christian hermits living in caves on Mount Carmel in the Holy Land, where they dedicated their first chapel to the Blessed Virgin Mary.

Every year on July 16th is such a joyous occasion for all Carmelites throughout the world because they celebrate the Feast of Our Lady of Mount Carmel, patroness of the Carmelite Order! Let us pray with them as we joyfully prepare for this wonderful feast of our Lady.

Each day pray and meditate on the following prayer which was written by Saint Simon Stock. He prayed this prayer with passionate intensity to Our Lady of Mount Carmel during a time of great distress and hardship. Pray this prayer from July 7 through July 16. Pray it with firm faith that the Blessed Mother will answer its request with Her powerful help given to Her by Her Son, Jesus Christ!

The Novena Prayer to Our Lady of Mount Carmel

O most beautiful flower of Mount Carmel, splendor of heaven,
Blessed Mother of the Son of God and Mother of mine,
support me by your never-failing love and help and protect me.

Show me that you are my Mother.

May I, unworthy as I am, come one day to exchange your scapular
that I had the privilege to wear for the wedding garment of heaven,
and dwell with you and all the saints of Carmel
in the kingdom of your Son.

(Here make your petition)

Sweet Mother, I place this cause in your loving hands.
O Mary, my Mother, I consecrate myself to you forever.

I offer you my body with all its miseries,
my soul with all its imperfections, and my heart with all its affections and desires.

I offer you all my prayers, works, joys and sufferings, my struggles
and especially my death with all that it will entail.

I unite all of these, Mother, with your own joys and sufferings. Amen.

Queen and Beauty of Carmel, pray for us.