

GENERAL INFORMATION

For each assigned Adorer:

1. Your commitment to adore is a blessing from the Lord.
2. Monthly sign-up sheets are available in church at least 2 weeks prior to the first Friday of each month. Please be sure to include your e-mail address and phone number (a cell phone is preferred in the event of emergency contact during adoration)
3. Once you arrive for your designated hour, you must sign-in.
It is important that each hour be covered.
The Blessed Sacrament must never be left alone.
You are the committed Adorer and Guardian of the Eucharist at your hour.
4. The procedure to follow when you cannot make it to the chapel at your assigned time:
 - a) Contact the people who are assigned to adore at the same hour you are. (let them know you will not be there.)
 - b) If this fails, try to get a substitute.
 - c) If you cannot get a substitute you should contact the Parish Center (if during regular business hours) or the Adoration Coordinator.
 - e) If all else fails, contact Fr. Slawek on the Emergency Line (630-773-1272 - ext. 208).(Please note: Prepare for your obligation to always have someone in the chapel at your assigned time by choosing someone to contact the Adoration Coordinator should you suddenly be taken ill or called away for an unforeseen emergency.)
5. Become familiar with the Adorers who regularly adore at the same hour as you. You should be able to depend upon each other because of your valuable commitment to the Lord.
6. ***READ! READ! READ!*** Increase your spiritual reading.
PRAY! PRAY! PRAY! For the Pope, the Church, our priests and vocations, the family and the Right to Life, our country and our leaders, and that which weighs heavily on your heart.
7. Encourage others to sign-up for adoration...
even to become occasional adorers.
8. Write your petitions to the Lord in our "Petition" book.

If you have questions or conflicts regarding scheduling,
please contact the 24-hour Eucharistic Adoration Coordinator:
Deacon Fred Maier
phone: 630-773-1272 x201 | e-mail: liturgy@stpeteritasca.com



Twenty-four Hour Eucharistic Adoration

- First Fridays -

St. Peter the Apostle Parish
551 N. Rush Street | Itasca, Illinois 60143
630-773-1272
stpeteritasca.com

WHAT IS EUCHARISTIC ADORATION?

Eucharistic Adoration is a devotion whereby members of a parish community unite in taking hours of adoration before the exposition of the Most Blessed Sacrament during a specified number of hours, or in some cases on a perpetual cycle—twenty-four hours a day, seven days a week. Currently, St. Peter's offers 24-hour adoration on the First Friday of every month, beginning with benediction following the 8:00 am morning Mass and ending on the following Saturday morning.

WHY IS EXPOSITION IN THE MONSTRANCE PREFERRED?

To see Jesus visibly present under the appearance of the small white host is much more conducive to intimacy than hidden away in the tabernacle. Moreover, it adds an extra responsibility on the adorers to be sure to be faithful to the hours they are scheduled, since the suggested norm for having Jesus exposed in the monstrance is that there should be at least two adorers present, and He must never be left alone. Could not these words of our Lord be applied today:

"Indeed, this is the will of My heavenly Father, that everyone who looks upon the Son, and believes in Him, shall have eternal life. Him I will raise up on the last day."

WHY DOES ST. PETER'S OFFER EUCHARISTIC ADORATION?

To provide a way of rendering God adoration which is His due as our Creator; a way of giving Him thanks for our redemption; a way of making reparation for our sins and the sins of mankind; a way of petitioning the good God for the constant help we need.

To show our gratitude to our Lord for remaining among us in our tabernacles, and to make at least some atonement for the many sacrileges, indifferences, and ingratitude which He receives in His Sacrament of Love.

WHAT SPIRITUAL BENEFITS AND GRACES CAN BE ATTRIBUTED TO A PARISH ADORATION PROGRAM?

- an increase in Mass attendance and reception of the sacraments;
- return of fallen-away Catholics and increase in the number of conversions;
- increase in religious and priestly vocations;
- renewal of Catholic family life;
- spiritual level of the people is raised with a resulting desire and courage to spread the "good news" to others;
- a greater community spirit, centered as it is on the heart of the parish, Jesus' presence in the Blessed Sacrament.

HOW MANY PEOPLE ARE NEEDED TO HAVE 24-HOUR EUCHARISTIC ADORATION?

Technically, in a 24-hour period, all that is needed is 24 people willing to make one holy hour on a monthly basis so that all hours are covered; however, ideally, two adorers at any given time is preferred for safety reasons, as well as a provision of adequate coverage in cases of emergencies. Moreover, there is nothing to stop an adorer from taking multiple holy hour. This is encouraged and is more common than one imagines.

Our Holy Father, Pope John Paul II, said that *"our essential commitment in life is to persevere and advance constantly in Eucharistic life and piety and to grow spiritually in the climate of the Holy Eucharist."*

HOW DOES ONE SPEND AN HOUR BEFORE JESUS EXPOSED IN THE BLESSED SACRAMENT?

This hour Jesus wants you to spend with Him is spent any way you want. You may bring your own prayer books, use the books in the chapel, read the Bible, pray the rosary, or just sit and relax and enjoy the sweet peace that comes from simply being in the Presence of God. You may feel that you can't pray well. Don't let this discourage you. The mere fact that you take time out each month to spend an hour with Jesus in the Blessed Sacrament pleases Him very much and is in itself a prayer of great faith.

